

Summary care record.

You should have received a letter from the PCT regarding the introduction of Summary Care Record's (SCR). Their purpose is to ensure that anyone treating you has basic but important information about you – especially when care is unplanned, urgent or during evenings and weekends. At first your SCR will contain key health information such as details of allergies, current prescriptions and bad reactions to medicines. After that, each time you use any NHS health services, details about any current health problems, summaries of your care and the health-care staff treating you may be added to your SCR. As new information is added to your record you can discuss what is being added and how sensitive information is handled. If you choose to have a SCR, you will be asked if staff can look at it every time they need to, except in an emergency and you are unable to give consent.

With a SCR doctors and nurses would know at a crucial time:

- What medications you are taking, especially if they are many and complex
- What medications have not agreed with you in the past
- Whether you have any allergies
- That new medications they prescribe may react badly with things you are already taking
- That you have a condition that means you shouldn't have certain medicines

The NHS wants to improve the safety and quality of patient care. The availability of the SCR can provide benefits to both staff and patients, by giving healthcare staff faster, easier access to reliable information so they can provide more effective treatment to patients.

You can choose not to have a SCR and this is referred to as opting out of the SCR. Even after your SCR has been created you can change your mind and opt out at any time. You can download the opt out form from

www.connectingforhealth.nhs.uk/systemsandservices/scr/staff/aboutscr/comms/pip/noscr.pdf

Appointments

If you are unable to attend your appointment with one of our clinicians can you please ensure you cancel your appointment. Due to patients failing to cancel appointments that they can no longer keep the surgery is running with the equivalent of two whole empty clinics per week. This is not only frustrating for our clinicians but also has a direct affect on other patients who would have otherwise been offered that appointment. Thank you for your co-operation. If you can't get through on the phone or we are closed please email us scripts.woodlands@nhs.net

Weigh2Go

Weigh2Go is a new 12 week weight management programme for adults living in Cambridge City & South Cambs and offers structured one to one weight management support tailored to each individual and is now available at this practice. It is a free service and it will be delivered by trained staff and supported by the dietetic service.

The programme is available to adults (over 18's), following a weight and motivation assessment. It is particularly suitable for those looking for support to make a lifestyle change to facilitate health improvements such as lowering blood pressure, reducing weight, increasing activity and decreasing joint and back pain.

If you are interested and would like further information about what the programme involves please speak to one of our practice nurses to find out if you are eligible or Laura Byton our

Health Care Assistant. Laura will pass your referral on to the weigh2go team who will hold sessions here at the surgery on alternate Wednesday afternoons.

Training

Our doctors, nurses and other staff undergo regular training courses. Currently, Yvonne Montgomery, Senior Nurse is undertaking a Nurse Prescribing course and she is working closely with two of our doctors, Dr Nicholas and Dr Newell. She has to have nearly 80 hours of supervised time and so on a Monday or Tuesday you may find that you see Yvonne alongside one of our doctors. Her training lasts six months; after which she will be able to prescribe from a defined formulary of drugs.

In addition to the above all our reception team had a day's training on Customer Service. This was a most useful and informative day; with everyone picking up some valuable tips. We covered the Reception area using our secretaries and healthcare assistant with extra help from Dr Nicholas and Dr Krishnan. Thank you to everyone involved.

Prescriptions

Please remember to ask for your prescriptions in plenty of time, preferably 48hrs, and stating where you would like your prescription to go. If you would like us to post your prescription then please provide us with a stamped addressed envelope. You can make your request by Post, Fax to 697601, email scripts.woodlands@nhs.net or via our website, it has a form for you to complete to make a request, www.woodlandssurgery.co.uk.

Swine flu

We have come to the end of our swine vaccination programme and we are not currently running any further swine flu clinics. If you have any queries or concerns regarding either swine flu or the swine flu vaccination please contact the surgery and ask to speak to a clinician.

Minor Surgery

We have been offering a minor surgery service for the removal of small skin lesions where appropriate. Recently we have had cut backs in the funding of this service so we are only able to remove skin lesions which are causing significant symptoms or where we are unsure of the diagnosis. Please make an appointment with one of our doctors if you think you may be eligible for the removal of a skin lesion and we can assess each case on an individual basis.

Easter Weekend

Next week is the Easter holiday and we will be closed from Thursday 1st April at 6:00pm until Tuesday 4th April at 8:10am. If you require urgent medical assistance during this period please contact CAMDOC 01223 464242. Please also ensure that you have enough of your repeat prescriptions to see you through the holiday weekend.

Contact details for Woodlands Surgery

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scripts.woodlands@nhs.net
www.woodlandssurgery.co.uk